



Personal Care Services



All of us require assistance during those times when we cannot perform our normal daily routine tasks alone.



We all worry about being confined and unable to take care of our business. It isn't something you have to face alone. You can trust us to help you get through the spots you can't handle by yourself. Our personal care attendants can provide a wide range of services that will put you back in the driver's seat of your own affairs. If you are experiencing a long rehabilitation program involving daily visits to the rehabilitation facility or requiring supervision of your rehab exercises at home, please give us a call. Or if it's Mom or Dad you are afraid to leave without supervision, please let us put your mind at ease.

MedRelief Staffing is a Houston based company who has served the health care community for 23 years. A division of *Advanced Health Education Center, LTD*, MedRelief is known for outstanding customer service. Advanced Health Education Center is a center of professional continuing education accredited to train practicing health care professionals. It is accredited to train physicians, nurses, and technical personnel to maintain current skills and improve performance.



The Joint Commission on Accreditation of Healthcare Organizations awarded MedRelief the symbol of excellence for meeting healthcare staffing standards more than six years ago. MedRelief Staffing was the first in the Gulf Coast Area to achieve such recognition demonstrating the dedication of the staff and the quality of their healthcare professionals. The Personal Services Program of MedRelief has recently expanded to include care in the home and assistance to those in need of various personal services.

Our Personal Services Program assists our clients in achieving the highest level of independence possible. We offer Certified Nursing Assistants, Personal Care Attendants and Sitters. All of our staff has met stringent hiring conditions which include: skills assessment, work history verification, multiple background checks (criminal, sexual predator, Medicare / Medicaid fraud), drug screening, and appropriate health and vaccination histories. If required for transportation services using the client's vehicle, driver license checks are made.



Services offered to our clients include:

- Sitters for Hospitals and Nursing Homes
- Assistance with Activities of Daily Living (ADL's)
- Light Housekeeping
- Personal Care
 - Assistance with bathing, dressing, personal hygiene, after hospitalization, and ambulation
- Companion care
 - Conversation, friendship, reading, and other activities
- Meal Preparation
 - Planning, preparation of meals, clean up and assistance feeding when necessary
- Running Errands, Transportation to Appointments
 - Shopping, beauty / barber shop, doctor or dental visits



"I have been a client for Personal Care Services for 5 years. Each time I request assistance for in-home care, after surgery, or help with my rehabilitation the staff has been excellent!"

Dorothy Jones, Houston TX

MEDRelief
STAFFING[®]
A Division of Advanced Health Education Center, Ltd.

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